



4get-me-not Events



Groovy Grandparents

If seniors look good, they feel good! Seniors who are able to perform grooming functions experience joy, and less likely to feel emotions like depression, anxiety or hopelessness. When senior's hair, nails, and skin integrity are intact, they are less likely to be seen as vulnerable as others.

Let's keep Grandparents groovy and sponsor their regular sessions to the Barber shop or Salon.
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